

**TOSSED MEXICAN SALAD WITH CHILI LIME SHRIMP****PRICE: \$20.50**

Chili lime shrimp, cherry tomatoes, black beans, corn, avocado, yellow bell pepper, cucumber, Romaine lettuce, pickled red onion, lime wedge, cilantro, Creamy Chipotle Yogurt Dressing

Gluten-Free | Contains: Crustaceans, Milk

CUBAN CHICKEN & BLACK BEAN BOWL**PRICE: \$20.50**

Chicken breast, black beans, spiced roasted butternut squash, black rice, mixed greens, green beans, corn, pomegranate seeds, spices, Orange Sherry Thyme Vinaigrette.

Gluten-Free

TANGLED THAI SALAD WITH CITRUS MARINATED TOFU**PRICE: \$19.00**

Citrus sesame marinated tofu, edamame, zucchini, Napa cabbage, pickled red cabbage, cucumber, carrot, green mango, radish, golden beets, cashews, goji berries, green onion, cilantro, mint, Thai basil, Spicy Peanut Dressing

Vegan | Contains: Soy, Tree Nuts, Peanuts, Sesame, Wheat (soy sauce)

GRILLED CHICKEN HAVARTI SANDWICH**PRICE: \$13.95**

Chicken breast, Havarti cheese, mayonnaise, Dijon mustard, cucumber, bread and leaf lettuce

Contains: Wheat, Milk, Tree Nuts Traces

SMOKED SALMON SANDWICH**PRICE: \$13.95**

Multigrain sourdough bread, smoked salmon, arugula, cucumber, whipped dill, chive cream cheese.

Contains: Wheat, Fish, Milk, Tree Nut Traces

ROASTED TURKEY SANDWICH**PRICE: \$13.95**

Turkey breast, multigrain sourdough bread, light Havarti cheese, cranberry horseradish relish, mayonnaise, sunflower sprouts and lettuce

Contains: Milk, Wheat, Egg, Sesame, Tree Nuts Traces; Mustard (in vinaigrette dressing)

ALMOND HEMP SEED COOKIE**PRICE: \$3.95**

Almond butter, hemp hearts, vegan choc chip, vanilla, Maldon salt, egg and coconut cane sugar

Gluten-free | Contains: Tree Nuts, Egg

CHOCOLATE CHIP OATMEAL COOKIE**PRICE: \$3.95**

Butter, large flake oats, all-purpose flour, brown sugar, white sugar, Maldon salt, baking soda, eggs, vanilla extract

Contains: Wheat, Egg, Milk

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